



## Breakfast Specials

- Full Moon** ..... \$10.95  
Eggs (3) any style, home fries, bacon (3), sausage (3) and toast
- Waning Moon** ..... \$9.25  
Eggs (2) any style, home fries, bacon (2) or sausage (2) and French toast
- Crescent Moon** ..... \$9.25  
Eggs (2) any style, home fries, bacon (2) or sausage (2) and buttermilk pancakes (2)

## Sandwiches

- Served with home fries and your choice of bread
- Strawberry Bacon** ..... \$7.50  
Egg, bacon, strawberries, arugula, balsamic reduction
- Huevos Rancheros** ..... \$7.25  
Egg, refried beans, guacamole, salsa ranchera
- Texan** ..... \$7.99  
Egg, brisket, banana peppers, cheddar cheese, BBQ sauce
- Loaded Breakfast Burrito** ..... \$7.99  
Egg, bacon, ham, sausage, roasted potatoes, onion, peppers and cheddar cheese
- Fried egg with cheese** ..... \$4.99  
With ham, bacon or sausage \$5.99

## Kids Menu

- Served with a fruit cup
- Pancake Tacos** ..... \$5.25  
Pancakes(2) topped with your choice of peanut butter or Nutella, fresh berries and whipped cream
- Pancake** ..... \$3.25  
Fluffy buttermilk pancake(1) topped with powdered sugar and whipped cream
- Belgian Waffle** ..... \$3.50  
Fluffy Belgian waffle topped with powdered sugar and whipped cream
- Mini Combo** ..... \$4.25  
Egg (1) any style, bacon (1), sausage (1), homemade tater tots and toast

## Country Fresh Eggs

Served with home fries, toast and your choice of bacon, sausage or ham

- One egg any style ..... \$5.95  
Two eggs any style ..... \$6.95  
Three eggs any style ..... \$7.25

## Eggs Benedict

Served with home fries

- Traditional** ..... \$8.50  
Poached eggs, Canadian bacon, grilled English muffin and hollandaise
- Porky Pig** ..... \$11.25  
Poached eggs, pulled pork, bacon, grilled sweet Portuguese muffin and raspberry BBQ sauce
- Vegetarian** ..... \$9.99  
Poached eggs, grilled sweet potato fritters, smashed avocado with a cilantro crema
- Cubano** ..... \$11.25  
Poached eggs, shredded mojo pork, sliced ham, Swiss cheese, grilled roll with a grain mustard sauce and dill pickle garnish

## French Toast

Served with powdered sugar

- House French Toast** ..... \$4.99  
With ham, bacon or sausage \$7.50
- Gone Bananas** ..... \$7.00  
Banana bread topped with caramelized bananas and whipped cream
- Crème Brule** ..... \$7.50  
Topped with crème fraiche and a side of cinnamon syrup
- Fruity Crunch** ..... \$6.75  
Vanilla brioche coated with Fruity Pebbles and whipped cream

## Waffles

- Classic Belgian Waffle** ..... \$6.25  
With assorted fruits, ask server for options \$7.50
- Red Velvet Waffle** ..... \$7.99  
Drizzled with cream cheese glaze
- Peanut Butter Waffles** ..... \$7.50  
Topped with caramelized bananas and a side of peanut butter syrup
- Lemon Poppy Waffle** ..... \$7.99  
Topped with a lavender infused whipped cream
- Chicken and Waffles** ..... \$9.99  
Bacon, jalapeño, cheddar, cornbread waffle with buttermilk battered chicken topped with roasted corn and candied bacon salsa



House favorite Gluten free

OPEN

Tuesday – Friday 6am to 3pm  
Saturday – Sunday 7am to 3pm

## Omelets

Served with home fries and toast

- Build your own** ..... \$4.99  
Add: Meat \$1 ea, Veggies and Cheese \$.75ea  
ham • sausage • bacon • linguica • chorizo • Onions • peppers • mushrooms • tomatoes • broccoli • spinach • Swiss • feta • cheddar • American • Gouda • pepper jack • goat cheese
- Farmers Garden** ..... \$7.95  
Broccoli, mushroom, onion, pepper, spinach and American cheese
- Athena** ..... \$7.95  
Tomato, spinach, onion, kalamata olive and feta cheese
- Hercules** ..... \$8.95  
Locanico, spinach, pepper, tomato, kalamata olive and feta cheese
- Fiesta** ..... \$8.95  
Fajita chicken, onion, pepper, jalapeño, pepper jack cheese and salsa

## Pancakes

Three pancakes served with powdered sugar

- Fluffy Buttermilk Pancakes** ..... \$4.99  
With assorted fruits, ask server for options \$6.25
- Red Velvet Pancakes** ..... \$6.95  
Drizzled with cream cheese glaze
- Sunburst Pancakes** ..... \$6.95  
Topped with a lavender infused whipped cream and lemon ginger garnish
- Candy Shop Pancakes** ..... \$7.95  
Choice of Reese's, Snickers, Milky Way, M&M or chocolate chip topped with whipped cream
- Boston Cream Pancakes** ..... \$7.95

## Crepes

- Berries and Cream** ..... \$7.25  
Mixed berry compote with sweet mascarpone
- S'mores** ..... \$7.25  
Chocolate crepe filled with marshmallow cream and graham cracker garnish
- Raspberry Mango** ..... \$8.25  
Raspberry mango compote with honey goat cheese crema
- Venice** ..... \$8.95  
Prosciutto and stracchino cheese
- Monte Cristo** ..... \$8.95  
Ham, turkey, Swiss cheese drizzled with raspberry jam
- Apple Sausage** ..... \$7.75  
Sausage, apple and sage filling topped with a Gruyère cheese sauce

## Sides

- \$4.75/ Homemade corned beef hash  
\$4.25/ Sweet potato sausage hash  
\$2.99/ Bacon, Ham Steak or Sausage  
\$3.99/ Grits or Oatmeal  
\$3.99/ Turkey bacon  
\$3.99/ Turkey sausage  
\$4.99/ Chorizo, Linguica or Locanico  
\$2.99/ Home fries

- \$1.50/ Toast (white, wheat, raisin, marble rye)  
\$2.00/ Bagel with cream cheese (Assorted cream cheese flavors available)  
\$1.50/ English muffin  
\$3.25/ Fruit cup  
+\$.50/ Gluten free toast or bagel  
\$1.00ea/ Extra egg  
\$2.00/ Muffin

## Beverages

- Coffee / Decaf Coffee / Tea  
Iced Coffee / Iced Tea  
Hot Chocolate with whipped cream  
Milk / Chocolate Milk  
Juice: Orange, Cranberry, Tomato, Apple  
Bottled Soda (Pepsi products)

286 Main Street / Plympton, MA / 781-585-7490 / www.themoonandback.cafe

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Please advise the staff of any food allergies. Prices subject to change without notice and do not include state meals tax.



We start serving lunch at 11am



## Salads

- Santa Fe** ..... \$11.25  
*Romaine, roasted corn, red and green peppers, black beans, red onion, avocado, grilled chicken, tortilla strips and chipotle dressing*
- Cobb** ..... \$9.25  
**Add Chicken \$3 or Steak Tips \$5**  
*Romaine, mixed greens, avocado, hard boiled egg, tomato, bacon, blue cheese crumble and green goddess dressing*
- Greek** ..... \$7.75  
*Heirloom tomatoes, cucumbers, red onion, kalamata olives, block of feta cheese, drizzled olive oil, salt, black pepper and fresh oregano*

## Grain Bowls

-  **Farmers Bowl** ..... \$9.99  
*Roasted zucchini, summer squash, carrots, red onions, cauliflower, red peppers over quinoa and brown rice topped with tzatziki and crispy chick peas*
- Ginger Salmon Bowl** ..... \$12.99  
*Pan seared salmon, julienne carrots, diced cucumber, red onions over quinoa and brown rice topped with avocado with a sesame ginger drizzle*
-  **Mediterranean Chicken Bowl** \$10.95  
*Herbed grilled chicken, tomatoes, red onions, cucumbers, feta cheese over quinoa and brown rice topped with tzatziki and crispy chick peas*

## Kids Menu


- Served with a fruit cup*
- Cheeseburger** ..... \$4.25
- Grilled Cheese** ..... \$3.25
- Chicken Fingers** ..... \$4.25
- Mac and Cheese** ..... \$3.75



 House favorite  Gluten free


## Sandwiches


*Served with homemade pickles and fresh cut fries*

-  **Cuban** ..... \$10.25  
*Mojo pork, ham, Swiss cheese, mustard, mayonnaise and pickles pressed in a soft Cuban bread*
- Brisket** ..... \$11.25  
*Sliced brisket, apple slaw and raspberry BBQ sauce on a brioche bun*
- BLT Club** ..... \$7.95  
*Bacon, lettuce, tomato, pickled avocado, mayonnaise on choice of bread*
- Pilgrim** ..... \$8.95  
*House roasted turkey breast, apple stuffing, cranberry preserve, mayonnaise on choice of bread*
- Roast Beef** ..... \$9.25  
*Homemade roast beef, choice of cheese, sautéed onions, BBQ sauce on an onion roll*
- Reuben** ..... \$8.75  
*Corned beef, sauerkraut, Swiss cheese, thousand island dressing on marble rye*
- Grilled Pastrami** ..... \$8.25  
*Swiss cheese, sautéed onions and spicy brown mustard*
- Caprese** ..... \$7.50  
*Heirloom tomatoes, mozzarella and basil aioli on a baguette*

## Burgers

*All burgers are 8oz served with homemade pickles and fresh cut fries (add \$.50 to substitute side)*

- Traditional** ..... \$8.25  
*Lettuce, tomato, onion and choice of cheese on a brioche bun*
- Aloha** ..... \$10.00  
*Grilled pineapple, bacon, cheddar cheese and BBQ sauce on a brioche bun*
-  **OMG!!!!** ..... \$11.75  
*Candied bacon, blackberry onion jam, cheddar cheese in a grilled glazed donut*
- Gobbler** ..... \$9.00  
*Turkey burger, lettuce, tomato, onion, Swiss cheese and cranberry aioli on a pretzel roll*
- Black Bean** ..... \$7.75  
*Grilled portobello mushroom, lettuce, tomato, onion and basil aioli on a brioche bun*

 *All the burgers and sandwiches except the OMG!! and Pilgrim can be made with gluten free bread*

## Lunch Plates

-  **Moussaka** ..... \$10.95  
*Layered potato, eggplant, ground beef with a tomato sauce topped with a creamy béchamel sauce and your choice of side.*
- Whiskey Brown Sugar Steak Tips** ..... \$13.99  
*Grilled steak tips topped with a whiskey brown sugar glaze with choice of side*
- Island Salmon** ..... \$12.95  
*Grilled lime salmon, coconut rice topped with a mango salsa*

## Naan (flatbread) Pizza

- Pear** ..... \$7.75  
*Red wine poached pear and whipped honey goat cheese, topped with arugula*
- Prosciutto** ..... \$9.75  
*Thinly sliced prosciutto, ricotta cheese, topped with arugula and balsamic reduction*
- Pesto Chicken** ..... \$8.75  
*Herb grilled chicken, Parmesan cheese, mozzarella cheese, feta cheese over a pesto sauce*

## Sides

- \$2.75/ Fresh cut fries
- \$3.25/ Fresh cut sweet potato fries
- \$4.75/ Truffle fries
- \$3.50/ House made tater tots
- \$3.25/ Chick pea salad
- \$3.75/ Edamame salad
- \$4.00/ Brussels sprout slaw
- \$2.95/ Giardiniera (pickled vegetables)

## Beverages

- Bottled Soda (Pepsi products)
- Juice: Orange, Cranberry, Tomato, Apple
- Milk / Chocolate Milk
- Coffee / Decaf Coffee / Tea
- Iced Coffee / Iced Tea
- Hot Chocolate with whipped cream

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